



Ten Tors Training Day 3/4- Dartmoor Bunkhouse 2024-25

[Ten Tors PowerPoint 2024-25](#)

[Ten Tors Information Evening Recording 2024-25](#)

Dear Parent

Please see below a quick reminder of the dates for Ten Tors Training, drop off and pick up point for the two day camp next month.

Dates

11 December 2024- Navigation- Brecon

13 January 2025- Navigation Brecon

9-10 February 2025- 2 Day Camp with Bunkhouse- Dartmoor (Bunkhouse fee- £15 on SCOPAY)

8 - 9 March 2025- 2-Day Wild Camp- Dartmoor

23 - 24 April 2025- 2-Day Wild Camp- Dartmoor

9 - 11 May 2025- Ten Tors Challenge

Please be aware all dates are by parental pickup and drop off so car shares are advised.

Finance

Training

Ten Tors Training Cost provided by Ocean Rock is **£315.60** per student plus SCOPAY administration charges-

1st Instalment- £123 8 November 2024

2nd Instalment- £100 6 December 2024

3rd Instalment- £100 10 January 2025 (Now passed)

Challenge Fee

Please be aware the instalments above do not cover the complete cost of the Ten Tors Challenge.

Individuals who reach final selection for the Ten Tors Challenge will also be expected to pay the split cost of a team for the Ten Tors Challenge. This cost supports the Army to run the event safely and effectively for all students involved.

Please be aware the Army have invoiced us for the team entry cost this month so if your child is part of the final selection decided in April you will be asked for this payment to cover that cost immediately.

Bunkhouse Fee

Due to the Bunkhouse offering a Duke of Edinburgh discount the cost per student is **£15**. This has been set up on SCOPAY. Could this be paid before the end of **Monday 20 January 2025**.

Training Day 3 and 4: Dartmoor- Parental Pick up and drop off

Date: Sunday 9-10 February 2025

Drop off- Sunday 9th February 2025

Meet point: Princetown car park, off Tavistock Road, Princetown. PL20 6QF

Google Maps Link: <https://maps.app.goo.gl/mZGquKxTUzJN225N8>

What3words: magical.goodness.dancer

Meet time: 10:00

Pickup- Monday 10th February 2025

Meet point: Postbridge National Trust Car Park, Yelverton. PL20 6TH

Google Maps Link: <https://maps.app.goo.gl/6CzrnXjN9Z2ioMCE6>

What3words: exhale.finishers.bravery

Meet time: 15:00

Focus of the days

Day 1

10.00 - On arrival we will pack rucksacks, standard DofE size rucksacks will be expected as we will not be arriving at the bunkhouse until later in the afternoon so they must have all their equipment with them. If students need rucksacks please come and speak to me in G3, F1 or email me at cer@strs.org.uk. Once this is checked they will continue navigation practice on Dartmoor with 'a tempo walk' so we get the team used to completing distance on moorland and at a good pace.

15.30 - Head to the bunkhouse and debrief / set expectations for Monday

Evening- There is a fully functioning industrial kitchen at the bunkhouse. This will be an opportunity for them to all be together to trial foods and meals that they are considering to make on the Challenge itself. Unlike the challenge itself they will have the luxury of using a hob and/or oven if they are considering batch cooking before the challenge but hopefully they will have an idea of the food they wish to have as a team on expedition once they have had free rein in the kitchen.

Note: Please ensure they have packed food for Dinner and Breakfast that is high in calories that they personally like in the unlikely event their recipes once completed are deemed to be inedible by all of them.

Day 2

Micro navigation across Bellever Tor concluding at Postbridge at 15.00.

Kit List for Expedition Pack

In their expedition pack they need to bring -

- Rucksack liner
- Sleeping bag
- Spare clothes
- Carry lunch & Snacks
- Headtorch and Batteries
- 55-65 litre expedition pack
- Hat and Gloves to carry - as spare
- Any stove that they intend to use, if not using OceanRock stoves
- Sleeping mat

Kit List for the Bunkhouse

For the 2 day bunkhouse stay they need to bring -

- Waterproofs and Gaiters
- Walking clothing x2 sets -
- Hats & gloves to wear whilst training
- Compass
- Permanent Pen
- Pencil case and notebook for making notes at night
- Phone for Emergency use
- Food for Evening and Breakfast Meals (NO NUTS)

Team Kit

OceanRock will bring timings cards to support navigation, tents, stoves and bothy bags.

Medication

Any medication they have please ensure this is packed and accessible.

Debrief from Ocean Rock regarding 13 January 2025 Training Day

1. During the training on Dartmoor we will start to name a Leader and Deputy on each leg.
2. The team will route plan- they will be given checkpoints and will need to plan/ identify the best route - as happens on the actual event.
3. By **9 February 2025** we asked the students to complete **4 x independent walks of 2 hours per walk**, adding additional weight of **2kg** each time they walk - to support personal fitness.
4. We asked the students to provide **Mrs Rigby-Smith** of evidence of these walks, she will start to get a picture of the most committed.
5. We asked the students to come prepared on Feb 9th/ 10th with an expedition pack - link to kit hire specifically for

10 Tors is below.

Kit Hire

Ocean Rock Kit Hire Link- [Ten Tors Kit Hire Ocean Rock 2025](#)

NOTE- Remember you can hire rucksacks from STRS for a small deposit which will be returned following the rucksack being returned in good condition.

Just so you are aware I will be in attendance along with Mr Kendry who will also be attending the challenge event itself. I will be in contact nearer the time to pass on a contact number for STRS staff. Ocean Rock will pass on their contact number at the drop off.

As always, any queries please do email me.

Best wishes

Mrs Rigby-Smith

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